Introduction to Adult Services:

The Arc of Washington County offers innovative, Division of Developmental Disabilities and Medicaid-approved Day Services that allow each individual to realize and attain their fullest potential. Day Services are provided to adults ages 21 and over, with a variety of support need. Individuals acquire the skills and experience needed to participate in the community, achieve person centered goals and outcomes, and work towards employment.

Menu of Services and Schedules:

People supported and their families can choose from a menu of Day Services offered by The Arc of Washington County that fit their lifestyle, schedules, and individualized service plans and goals. Activities focus on building skills needed to achieve maximum independence including social and life skills, communication, problem solving, and employment-related skills.

The Arc of Washington County's Day Services include the following categories:

- Day Habilitation
- Community Learning Service
- Employment Services
- Medical Day



Day Habilitation:

The Arc of Washington County's Day Habilitation Services provides community inclusive opportunities. People supported in this program are engaged in a variety of activities adhering to an Employment First philosophy promoting employment, positive growth, meaningful activities, education, and socially valued roles in the community. Instruction is both communitybased and within The Arc's facility. Day services provides person-centered support and provides training in: Job readiness skills, job exploration, social skills, health and wellness, continuing education, self-care, individual rights and selfadvocacy, math, reading, safety, and community access skills. Each individual's strengths and abilities are assessed to provide job skill development.



Community Learning Services:

The Community Learning Services
Program serves a maximum of up to
4 participants in the community. The
CLS participants utilize community
resources while becoming involved in a
variety of venues, including: Workshops
and classes, peer mentoring and selfadvocacy opportunities, volunteer
activities, and activities that promote
health, wellness, and socialization.

Medical Day:

The Medical Day Center is available to individuals who require nursing interventions and monitoring on a daily basis. The Center provides assistance with improving their independence in self-care, personal hygiene, and activities that promote health, wellness, and socialization.



Employment Services:/

We believe all people supported that want to work, can work, with the proper supports. The Arc of Washington County facilitates opportunities for people to gain and maintain integrated community employment, based on their unique interests, talents and abilities. Our services align with the Employment First philosophy. The Arc Employment Services follow the Customized Employment Model. This includes:

- Employment Discovery Process
- Job Search Planning
- Job Development
- Job Negotiation
- Job Placement with Short/Long Term
- Coaching and On-going Supports



About the Arc of Washington County:

The Arc of Washington County is a private, non-profit organization dedicated to helping adults with intellectual and developmental disabilities participate in every level of our society and enjoy fuller, more independent lives. Founded in 1952, The Arc of Washington County provides a wide variety of programs and services that support nearly 524 people throughout Washington County. Our services include:

- Adult Day & Employment Services
- Adult Residential Services
- Outreach
- Personal Supports 24/7
- Children's Services

For more information or to make a donation, visit www.arcwc-md.org

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Day and **Employment** Services

