

## The Arc Adult Residential Program

offers support services for people with intellectual and developmental disabilities and their families. These supports enable them to lead fulfilling lives in the community.

The program operates over 50 residential homes that are located in neighborhoods throughout Washington County.



We provide 24/7 assistance to ensure the people we support have the opportunity to live in an environment that provides personal growth and community involvement.

Our staff is qualified and trained to provide specialized assistance to persons supported, while supporting them in achieving full community lives.

Staff provides assistance in activities of daily living, community activities, recreation, socialization, and also provide transportation. Nursing and maintenance staff is also available around the clock to provide assistance.



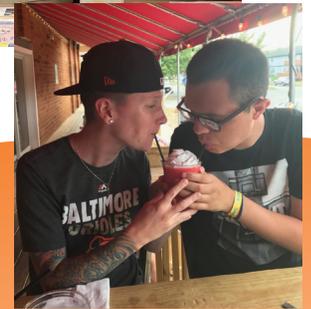
Today, Adult Residential Services supports 150 individuals in over 50 residences providing not only a place to live but also the best quality of life.

The Arc's twenty-four hour residential services encourages adults to utilize their existing abilities and set goals to learn the skills necessary to achieve greater independence. Each person is encouraged to maximize their potential.

There is no "one size fits all" and goals are tailored specifically for each person.

On a daily basis, the people we serve are encouraged to learn skills to gain greater independence. Whether that be learning to set an alarm clock to get up for a job in the morning, or learning letters and numbers to better communicate, people are encouraged to set goals important to them. In Adult Residential, we encourage each person by helping them develop and strengthen their daily living skills while

also encouraging them to advocate for themselves within their community. These skills could include meal preparation, personal hygiene, laundry, cleaning, phone skills, safety, and money management. We encourage an appropriate independence based on the needs and skills of the person.



Supporting people since 1952 through philanthropy, career coaching, community involvement and individualized support services.

Get support for your loved one in their home or ours.

## Arc History

The Arc of Washington County was founded in 1952 by a group of local parents seeking services and more complete lives for their children with developmental disabilities. Initially formed as The Hagerstown CRC, these dynamic individuals paved the way for the services that have since been integrated into the Washington County educational system.

They were also pioneers in providing residential housing where it was needed for individuals who could not be cared for in their own homes, as well as in the formation of day training and work programs for adults. By 1975, the group had expanded their membership and changed their name to The Washington County ARC, receiving licensure from the Maryland Developmental Disabilities

Administration as well as affiliation with the Maryland and National Arcs. This originating group, many of whom still actively serve the organization today, was the catalyst for the wide variety of valuable programs and innovative services that now exist at The Arc of Washington County.

Today, more than 900 people with developmental disabilities receive support throughout the western region of Maryland. Our caring, dedicated staff of over 600 employees strives to support each person to live their lives with dignity and respect.

## About the Arc of Washington County:

The Arc of Washington County is a private, non-profit organization dedicated to helping adults with intellectual and developmental disabilities participate in every level of our society and enjoy fuller, more independent lives. Founded in 1952, The Arc of Washington County provides a wide variety of programs and services that support nearly 524 people throughout Washington County. Our services include:

- Adult Day & Employment Services
- Adult Residential Services
- Outreach
- Personal Supports 24/7
- Children's Services

For more information or to make a donation, visit [www.arcwc-md.org](http://www.arcwc-md.org)

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